

Sept 14 Your Path to Success/Jump Start the Joy in Your Life Class Schedule: All classes are scheduled for 4pm PST/ 7pm EST

Session	Date	Topic
Session 1	Sept 14	Setting Powerful Goals/Active Journaling
Session 2	Sept 21	Conquering Limiting Beliefs and Letting Go
Session 3	Oct 5	Amping up Your Energy Level
Session 4	Oct 12	Getting Your Heart Thinking Right
Session 5	Oct	Creating Your Vision Aligned with Your Truth
Session 6	Nov 2	Tapping Your Creative Self
Session 7	Nov 9	Cultivating Heightened Self-Awareness for Greater Success and Joy
Session 8	Nov 16	Learning to Use Time as a Moldable Gift
Session 9	Dec 7	Attracting the Right People at the Right Time
Session 10	Dec 14	Creating and Allowing Paradigm Shifts
Session 11	Jan 4	Growing Your Spirituality
Session 12	Jan 11	Releasing Negativity/Embracing the Positive
Session 13	Jan 18	Manifesting Abundance Part 1
Session 14	Jan 25	Manifesting Abundance Part 2
Session 15	Feb 8	Manifesting Abundance Part 3
Session 16	Feb 15	Embracing the Joy Around You
Session 17	Feb 22	Self Awareness Part 2
Session 18	March 8	Putting it All Together for Your Success and Your Joy